

Mary Ruth Houston Profiled in 2021 Florida Super Lawyers Article

Super Lawyers Magazine

Orlando

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Mary Ruth Houston, Co-Managing Partner of Shutts & Bowen LLP's Orlando office and Chair of the Labor & Employment practice group, was recently profiled in a Florida *Super Lawyers Magazine* article, discussing her endeavors in mountain climbing and how she began the pastime.

In the feature article profiled in Florida *Super Lawyers Magazine's* 2021 edition, titled "New Heights," Mary Ruth explains that she decided to start climbing mountains on her 50th birthday. In the years since her entry to the sport, Mary Ruth has trekked trails and summits across the world and catalogs her experiences in her blog, FromSwampToSummit.com. "There's a great big world out there, and sometimes the best thing attorneys can do is venture out of our offices and experience it," Mary Ruth explains.

To see the 2021 edition of Florida *Super Lawyers Magazine*, [click here](#).

To read her article in full, [click here](#).

About Mary Ruth Houston

Mary Ruth Houston is Co-Managing Partner of the Orlando office and Chair of the firm's Labor & Employment Law Practice Group. She is certified as a mediator in Florida courts and the Middle District of Florida. She was selected as Orlando's 2020 "Lawyer of the Year" in Litigation – Labor and Employment, by *Best Lawyers in America*®. Mary Ruth focuses on business and employment-related issues using a problem-solving approach that helps clients concentrate on their core business. With over 30 years of experience handling complex disputes, her understanding of business issues outside the courtroom enables her to advise companies on how to avoid litigation, minimize its effects or, when litigation is required, handle it efficiently and effectively. Mary Ruth's practice encompasses a broad range of labor and employment issues, including employee discharge and discrimination cases, including age, sex, race, national origin, religion and disability claims, as well as cases involving restrictive covenants and wage-hour matters (individual and collective). She also has extensive experience in negotiating and drafting complex employment and severance agreements. Her litigation practice also encompasses a wide variety of commercial, contract, intellectual property, and business tort disputes.



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Professionals

Mary Ruth Houston

Practice Areas

Labor and Employment

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